Escape to a special place...without the car
...get there on the bus or train!

Your easy guide to bus and train services between Swansea, Neath, Port Talbot and the coast and countryside attractions of Swansea Bay
5th May 2013 until further notice
SWANSEA BAY'S BEST ATTRACTIONS ARE EASILY REACHED BY BUS

MARGAM COUNTRY PARK
Page 15 🚌 X1

THREE CLIFFS BAY
Page 7 🚌 14

MUMBLES
Page 6 🚌 2B

AFAN FOREST PARK
Page 16 🚌 23 or 🚌 159

MELINCOURT WATERFALL
Page 14 🚌 X5

SWANSEA CANAL AT PONTARDAWE
Page 12 🚌 120 or 🚌 125

WORM'S HEAD
Page 8 🚌 114 or 🚌 118

...or just take a scenic bus ride!

All photos © BayTrans
YOUR TRAVEL GUIDE TO BUSES AND TRAINS IN SWANSEA BAY

Visitor attractions throughout Swansea Bay are very well served either directly or through hub connections at Swansea, Neath and Port Talbot. Swansea’s modern, lively City Bus Station situated adjacent to the Quadrant Shopping Centre in the heart of the city has a wide range of retail and food/drink facilities on site or close by.

This guide shows times of buses and trains from the principal hubs to the key visitor attractions throughout the area and includes useful connections information.

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General tips on using the Bus and Train

On all buses, tickets are issued by the driver. In Swansea and Mumbles you can purchase First Day and Week ticket vouchers in advance at the Tourist Information Centres at no extra cost. Tickets sold are single (one way) or return (round trip) though for most journeys it is advisable to buy First Day tickets; these are for all Swansea Bay with local versions for Swansea City and Neath & Port Talbot; and permit unlimited travel for a day in their areas; weekly tickets are also available. On services operated by South Wales Transport or New Adventure Travel, First Day tickets are not valid.

For travel by train, you will be able to buy your tickets at the ticket offices at the three main stations. When ticket offices are closed or if you are joining at smaller stations, you can buy your ticket on the train.

Days of operation

The following are used in timetable displays to denote days of operation

- **M-Sa**: Mondays to Saturdays
- **SD**: School Days (Mon to Fri)
- **Sa**: Saturdays
- **SSH**: Saturdays & School Holidays
- **SBH**: Sundays & Bank Holidays

School Term Days (SD) and School Holidays (SH)

Some bus services shown in these timetables run at different times in school terms and school holidays. See below which dates apply to each

- School Terms: 15 April-24 May; 3 June-23 July; 2 September-25 October
- School Holidays: 1 April-12 April; 27 May-31 May; 24 July-30 August

More information on public transport

For detailed travel information, planning journeys or checking the time of your next bus or train.

Traveline Cymru Tel 0871 200 22 33 www.travelinecymru.info; text 84268

Cover photographs: Oxwich Bay; Pontrhydyfen Aqueduct; Scwd Gwladus Waterfall © BayTrans
THE CITY OF SWANSEA

Arriving at Swansea by Train
Many of the city’s bus services call at the Train Station; for the City Centre, City Bus Station, St Helen’s, Singleton Park, the Welsh National Pool and Swansea University, take the 4 or 4A immediately outside the station. Connections to all other bus services at the Bus Station. For buses to the Liberty Stadium, Morriston, Cwm Clydach, Pontardawe, Felindre & Mynydd y Gwair, Fforestfach, Pontlliw and Pontarddulais, cross the road outside the Train Station.

Arriving at Swansea by Bus or Coach
All incoming bus and coach services come into the City Bus Station; city and regional buses also leave from there. Interchange is attractive, it is adjacent to the Quadrant Shopping Centre and there are excellent facilities for waiting or interchanging passengers: Costa Coffee, retail outlets and fully accessible toilets. Staff at the information desk are on hand to deal with travel enquiries and the Tourist Information Centre is just 50 metres walk away.

Swansea’s ftr Metro links the Train Station and the City Bus Station to most city centre attractions and services

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<tr>
<th>Stop name</th>
<th>Serves</th>
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<tr>
<td>STADIUM</td>
<td>Liberty Stadium&lt;br&gt;Morfa Retail Park&lt;br&gt;River Tawe Navigation Trail</td>
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<td>TRAIN STATION</td>
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<td>QUADRANT</td>
<td>City Bus &amp; Coach Station&lt;br&gt;Quadrant Shopping, Swansea Grand Theatre&lt;br&gt;Tourist Information Centre, The LC&lt;br&gt;National Waterfront Museum</td>
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<tr>
<td>CIVIC CENTRE</td>
<td>Central Library</td>
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<td>THE SLIP</td>
<td>Brangwyn Hall</td>
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<tr>
<td>ST HELEN’S</td>
<td>Cricket &amp; Rugby Ground&lt;br&gt;360 Watersports Centre</td>
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<tr>
<td>SINGLETON PARK</td>
<td>Singleton Park, Botanic Gardens</td>
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<tr>
<td>SINGLETON HOSPITAL</td>
<td>Wales National Pool</td>
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<tr>
<td>UNIVERSITY</td>
<td>Swansea University&lt;br&gt;Taliesin Theatre/Egypt Centre</td>
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</tbody>
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ftrmetro frequency
Mondays to Fridays every 12 minutes from around 0730 to 1830 • Saturdays every 15 minutes from around 0730 to 1830
Monday to Saturday & Sunday evening service 4A every hour • Sundays service 4A every half hour from around 0930 to 1830
GETTING TO CITY ATTRACTIONS BY BUS

Buses from all parts of the City, Mumbles, Gower, Neath, Port Talbot & the Valleys arrive at the City Bus Station from where most attractions and shopping are within easy walking distance. Walking times are to nearest 5 minutes.

Grand Theatre (5 minutes)
THE LC (Swansea’s Leisure Centre) (5-10 minutes)
Swansea Museum (10 minutes)
Swansea Marina (5-10 minutes)

Swansea Market (5 minutes)
National Waterfront Museum (10 minutes)
Dylan Thomas Centre (15 minutes)
Central Library (5 minutes)

Food & Drink in the City Centre

There are city centre cafes, restaurants and pubs catering for all tastes within easy walking distance of the bus station.

Attractions in Swansea City

Bus information is for weekday daytime services only approximately 0900-1800 hrs. For services at other times and on Sundays, phone 0871 200 22 33 or go to www.travelinecymru.info

1940’s Swansea Bay X1 X3 X5 157 158 224 to Elba Crescent, 7 per hour.
The Chocolate Factory X13 to Fforestfach, top of Kingsway, every half hour
10 minutes walk to both attractions
Dylan Thomas Uplands by Bus
8 & 9 Cwmdonkin circular route takes you through Uplands & Mount Pleasant of Dylan’s early years; infrequent service
Singleton Park 2 2A 2B 2C 3A 4 to Park Main Gates
11 per hour.
Boating Lake, Singleton Park 2, 2B, 2C, 4 to Boating Lake,
9 per hour.
Liberty Stadium 4 4A 59 120 125 to Stadium,
10 per hour.
Dylan Thomas’ House Cwmdonkin Park
15 20 20A 21 21A 21B 29 118 to Uplands Square,
7 per hour.
5-10 minutes walk to both attractions
Taliesin Theatre/Egypt Centre 2A 3A 4 116 to University Main Hall
7 per hour.
Botanic Gardens Singleton Park 20 20A 21 21A 21B 118 to Brynmill Lane, Sketty,
6 per hour.
Wales National Pool 2A, 3A, 4 to Singleton Hospital,
7 per hour.

Walking in the City of Swansea

SA1-Oystermouth:
BayTrans Coast Walk 2 44, 157, 158, 224 to SA1,
4 per hour.
Dylan Thomas’ Uplands
15, 20/A, 21/A/B, 29 to Uplands Square,
6 per hour.
River Tawe Navigation Trail 4, 4A, 59, 120, 125 to Stadium,
10 per hour.
Penllergare Woods X13 to Penllergaer Roundabout,
every half hour

Details of bus and train connections from Neath and Port Talbot to Swansea on page 10
THE MUMBLES

There is so much packed into the small Mumbles peninsula, beaches, entertainment, walks, character shopping, a fine castle and a variety of places to eat and drink. All parts of the Mumbles peninsula are served by bus.

Bus information is for daytime services from Swansea approximately 0900-1800 hrs. For services at other times, phone 0871 200 22 33 or go to www.travelinecymru.info

Blackpill

Blackpill Lido X | Swansea Bay Land Train
Weekdays: 2 2A 2B 2C 3A 14 to Lido, 7 per hour. Sundays: 2A 3A 114 to Lido, 2-3 per hour.

Oystermouth

Oystermouth Castle
Mumbles Arts & Crafts Centre
The Lovespoon Gallery
Children’s Playground & Mini Golf
Oystermouth Square X | X
Weekdays: 2 2A 2B 2C to Newton Rd 4 per hour. Sundays: 2A 3A to Oystermouth Square, 2 per hour.

Mumbles Pier/Knab Rock

Gower Coast Adventures (Boat Trips)
Knab Rock X | X
Weekdays: 2B to George Hotel, every hour
No Sunday service

Mumbles Pier Entertainment Complex
Lifeboat Museum
Mumbles Pier X | X
Weekdays: 2B to The Big Apple, every hour; No Sunday service

Bracelet Bay

Mumbles Hill Nature Reserve
Bracelet Bay Beach
Castellamare restaurant & café bar;
Fortes Ice Cream Parlour X X
Coast Walk to Oystermouth
Coast Walk to Caswell Bay
Weekdays: 2B to Limeslade, every hour No Sunday service

Langland Bay

Langland Bay Beach (surfing)
10 minutes walk from bus stop
Langland’s Brasserie X X
Surfside Café
Weekdays: 2 2A 2B 2C to Langland Corner 4 per hour. No Sunday service

Caswell Bay

Caswell Bay Beach & Surf School
Caswell Bay - Oystermouth: BayTrans Coast Walk 3
Surfside Café X X
Weekdays: 2C to Caswell Bay, every hour; No Sunday service

Bishop’s Wood Nature Reserve
Caswell Bay - Pennard Cliffs: BayTrans Coast Walk 4

Money saving offer - just show your bus ticket to obtain a discount at …
… Cafe Valance on Newton Road in Mumbles: free toasted teacake with every hot drink

Details of bus and train connections from Neath and Port Talbot to Swansea on page 10.
The Gower Coast between Caswell and Oxwich Bay is marked by limestone cliffs with secluded bays and a well wooded interior. There are many scenic coastal walks and hidden beaches. All are easily reached by bus and sometimes a short walk from the bus stop.

Bus information is for daytime services from Swansea approximately 0900-1800 hrs. For services at other times, phone 0871 200 22 33 or go to www.travelinecymru.info

**GOWER AN AREA OF OUTSTANDING NATURAL BEAUTY**

**Bishopston / Pwll Du Bay**

- St Teilo’s Historic Church
- Bishopston Valley Walk
- Valley Hotel & Joiners Arms

**Buses from Swansea City Bus Station**

- Weekdays: 14 every hour. Sundays: 114 every 2 hours to Bishopston Valley Hotel

**Pennard Cliffs / Southgate Bay**

- Jewels by the Sea
- Southgate Bay
- Three Cliffs Bay
- Coffee Shop Three Cliffs

**Buses from Swansea City Bus Station**

- Weekdays: 14 every hour. Sundays: 114 every 2 hours to Bishopston Valley Hotel

**Parkmill / Penmaen / Nicholaston**

- Gower Heritage Centre
- Parc le Breos Trekking Centre
- Three Cliffs Bay
- Shepherd’s Store
- Three Cliffs Bay Holiday Park

**Buses from Swansea City Bus Station**

- Weekdays: 118 (Sundays 114) to Parkmill, Nicholaston at the following times:
- Mondays to Saturdays except BH Mondays
  - 0750 0905 1120 1335 1550 1705 1805 1940
- Sundays & Bank Holiday Mondays to 29 September
  - 0930 1000 1200 1400 1600 1730

**Oxwich Bay**

- Oxwich National Nature Reserve
- Oxwich Beach
- St Illtyd’s Historic Church

**Buses from Swansea City Bus Station**

- Weekdays: 116/118 (Sundays 114) to Parkmill, Nicholaston at following times:
- Mondays to Saturdays except BH Mondays
  - 0750p 0940k 1155k 1345k 1525ks 1705p 1805p
- Sundays & Bank Holiday Mondays to 29 September
  - 1000 1200 1400 1600 1730

**Money saving offers - just show your bus ticket to obtain a discount at...**

- Coffee Shop Three Cliffs at Pennard Cliffs: 10% discount on all food and drink
- Gower Heritage Centre at Parkmill: an amazing half price entry offer!!
- Perriswood Archery & Falconry at Nicholaston: three archery sessions for the price of two!

Details of bus and train connections from Neath and Port Talbot to Swansea on page 10.
GOWER AN AREA OF OUTSTANDING NATURAL BEAUTY

The Gower Peninsula between Oxwich and Port Eynon is characterised by rugged coastal scenery and inland by the highest point in Gower at Cefn Bryn. Gower’s coastal scenery reaches a spectacular climax at Rhossili with its world famous beach and iconic Worm’s Head.

Bus information is for daytime services from Swansea approximately 0900-1800 hrs. For services at other times, phone 0871 200 22 33 or go to www.travelinecymru.info

Cefn Bryn / Reynoldston

Arthur’s Stone, Cefn Bryn
Cefn Bryn-Parkmill:
BayTrans Country Walk 1

St George’s Historic Church, Reynoldston
Reynoldston Village Green
King Arthur Hotel

Buses from Swansea City Bus Station
Weekdays: 118 (Sundays 116) to Cefn Bryn & Reynoldston Green at the following times:

| Cefn Bryn | 1020 | 1235 | 1450 |
| Reynoldston | 0750 | 1020 | 1235 | 1940 |
| Green | 1450 | 1705 | 1805 |

Port Eynon

St Catwg’s Historic Church, Port Eynon
Old Salt House (remains), Port Eynon
Port Eynon & Horton Beach
Smugglers Haunt; Ship Inn; café

Buses from Swansea City Bus Station
Weekdays: 118 (Sundays 114) to Port Eynon at the following times:

| Port Eynon-Rhossili: |
| BayTrans Coast Walk 7 |

| 0750 | 0905s | 1120s | 1335s |
| 1550s | 1705 | 1805 | 1940 |

Notes: s-connecting bus at Scurlage Countryman

Rhossili (including Pitton & Mewslade)

Gower Kite Centre, Pitton Cross
Bus stop: Pitton Cross (see times below)
Rhossili Gallery
St Mary’s Historic Church
National Trust Visitor Centre
Worm’s Head Hotel
Bay Bistro

Buses from Swansea City Bus Station
Weekdays: 118 (Sundays 116/118) to Rhossili

| Rhossili Beach |
| Walk to Worm’s Head (check tides) |
| Local circular walk |

Mewslade Bay & Beach
Bus stop: Pitton Crossroads (see times below)
10-15 minutes walk to Mewslade Bay

Money saving offers - just show your bus ticket to obtain a discount at...
...King Arthur Hotel Reynoldston: 10% discount on bar meals
...Bay Bistro at Rhossili: 10% discount on main meals
...National Trust Visitor Centre at Rhossili: 10% discount on gifts and books
...Britannia Inn at Llanmadoc: 10% discount on bar meals

Details of bus and train connections from Neath and Port Talbot to Swansea on page 10
GOWER AN AREA OF OUTSTANDING NATURAL BEAUTY

The North Gower Coast is characterised by coastal marshes and low hills with extensive views across the Burry Estuary towards Carmarthenshire; there are a number of nature reserves along this coastline and the north end of the spectacular Rhossili Beach reaches Llangennith.

Bus information is for daytime services from Swansea approximately 0900-1800 hrs. For services at other times, phone 0871 200 22 33 or go to www.travelinecymru.info

Penclawdd and Crofty

Crofty Marshes
Penclawdd Crofty Inn

Buses from Swansea City Bus Station
Weekdays: 116 approximately every hour; Sundays every 2 hours to Penclawdd, Crofty & Llanmorlais

Walk Penclawdd to Llanrhidian

Llanrhidian

St Rhidian's Historic Church
Llanrhidian Marsh Nature Reserve
Dolphin Inn

Buses from Swansea City Bus Station
Weekdays: 116/118 to Llanrhidian Cross at the following times
0740a 0835p 1020c 1055p 1235c 1310p 1450c 1525p 1640p 1740p

Llanrhidian-Gowerton:
BayTrans Coast Walk 10

Routing: p-service 116 runs direct via Penclawdd c-service 118 runs via Cilibion with connecting bus

Oldwalls / Weobley Castle / Cheriton / Llanmadoc

Weobley Castle
Cwm Ivy Woods
Brittania Inn Our Shop
Broughton Burrows Nature Reserve

Llanmadoc-Llanrhidian:
BayTrans Coast Walk 9

Buses from Swansea City Bus Station
Weekdays: 116/118 to Weobley Castle, Landimore & Cheriton as follows:
0740a 1020c 1235c 1410p 1450c 1525p 1640p 1740p

St Cadoc's Historic Church, Cheriton
Cheriton Pottery
St Madoc's Historic Church
Llanmadoc-Rhossili:
BayTrans Coast Walk 8

Buses to these places can travel west of Oldwalls in a clockwise or anti-clockwise direction. All four places are served though journey times may vary.

Routing: p-service 116 via Penclawdd, c-service 118 via Cilibion with connection into 115

Schooldays Sat & School Hols

Llangennith

St Cenydd's Historic Church, Llangennith
King's Head Hotel Llangennith

Buses from Swansea City Bus Station
Weekdays: 116/118 to Llangennith at the following times:
0740a 1020c 1235c 1410p 1450c 1640p 1740p

Llangennith Beach (surfing)
2 kms walk

Notes: a-runs 10 mins later on Saturdays & School Holidays. Routing: p-service 116 via Penclawdd, c-service 118 via Cilibion with connection into 115

Schooldays Sat & School Hols

Details of bus and train connections from Neath and Port Talbot to Swansea on page 10
**Buses and Trains from Neath to Swansea**

**Buses:**
- **Weekdays:** X5 from Neath Bus Station to Swansea City Bus Station, every half hour daytime.
- **Sundays:** X6 from Neath Bus Station to Swansea City Bus Station, every hour.
Connections at Swansea City Bus Station for Mumbles, Gower and all other destinations.

**Trains:**
- **Weekdays:** Arriva & Great Western from Neath to Swansea, 2-3 per hour daytime.
- **Sundays:** Arriva & Great Western from Neath to Swansea, 1-2 per hour daytime.
ConnectingItemType: bus, from Swansea Train Station to City Bus Station.
Connections at Swansea City Bus Station for Mumbles, Gower and all other destinations.

**Buses and Trains from Port Talbot to Swansea**

**Buses:**
- **Weekdays:** X1 & X3 from Port Talbot Bus Station to Swansea City Bus Station, every half hour daytime.
- **Sundays:** National Express from Port Talbot Bus Station to Swansea City Bus Station, irregular service, subject to seats being available.
Connections at Swansea City Bus Station for Mumbles, Gower and all other destinations.

**Trains:**
- **Weekdays:** Arriva & Great Western from Port Talbot to Swansea, 2-3 per hour daytime.
- **Sundays:** Arriva & Great Western from Port Talbot to Swansea, 1-2 per hour daytime.
ConnectingItemType: bus, from Swansea Train Station to City Bus Station.
Connections at Swansea City Bus Station for Mumbles, Gower and all other destinations.
Buses and Trains from Swansea to Neath

**Buses:**
- **Weekdays:** X5 from Swansea to Neath, every half hour daytime.
- **Sundays:** Sundays X6 from Swansea to Neath every hour daytime.

**Trains:**
- **Weekdays:** Arriva & Great Western from Swansea to Neath, 2-3 per hour daytime;
- **Sundays:** Arriva & Great Western from Swansea to Neath, 1-2 per hour daytime.

Buses and Trains from Swansea to Port Talbot

**Buses:**
- **Weekdays:** X1 & X3 from Swansea to Port Talbot, every half hour daytime.
- **Sundays:** National Express from Swansea to Port Talbot, irregular service subject to seats being available.

**Trains:**
- **Weekdays:** Arriva & Great Western from Swansea to Port Talbot, 2-3 per hour daytime.
- **Sundays:** Arriva & Great Western from Swansea to Port Talbot, 1-2 per hour daytime.
**SWANSEA’S MOUNTAIN COUNTRY AND SWANSEA VALLEY**

One of Swansea’s best kept secrets is the large area of mountain and moorland fringing the north of the City. The Tawe Valley (commonly known as the Swansea Valley) is largely undiscovered by visitors.

Bus information is for daytime services from Swansea approximately 0900-1800 hrs. For services at other times, phone 0871 200 22 33 or go to www.travelinecymru.info

### Felindre & Mynydd y Gwair

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<th>Lower Lliw Visitor Centre</th>
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<tr>
<td>Visitor Centre</td>
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<tr>
<td>Shepherd’s Country Inn</td>
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<tr>
<td>Mason’s Arms, Rhydypandy</td>
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</tbody>
</table>

**Buses from Swansea City Bus & Train Stations**

- **Weekdays:** only 142 to Felindre, Cwmcerdinen & Garnswllt
- **Mondays to Saturdays except BH Mondays**:
  - 1015* 1220* 1430* 1710* SA
  - 1740* M-F

  * Buses leave Swansea Train Station 5 minutes later
  
  SA Saturdays only  M-F Mondays to Fridays only

### Cwm Clydach

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<th>Cwm Clydach RSPB Reserve</th>
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<tr>
<td>Clydach Community Centre</td>
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</table>

**Buses from Swansea City Bus & Train Stations**

- **Weekdays:** X21 to Craig Cefn Parc, every hour; no Sunday service

  * Buses leave Swansea Train Station 6 minutes later

### Pontardawe

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<th>Pontardawe Arts Centre</th>
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<td>Cwm Du Glen Walk</td>
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</table>

**Buses from Swansea City Bus & Train Stations**

- **Weekdays:** 120 or 125 to Pontardawe Jubilee, every half hour; no Sunday service

**Buses from Neath Bus Station**

- **Weekdays:** 132 to Pontardawe Jubilee, every half hour; no Sunday service

### Brynamman & Cwmllynfell

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<th>Black Mountain Centre, Brynamman</th>
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<tr>
<td>Black Mountain Gallery, Cwmllynfell</td>
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</table>

**Fforest Fawr Geopark Walks**

**Buses from Swansea City Bus Station or Kingsway**

- **Weekdays:** X26 or X64 to Cwmllynfell & Brynamman; no Sunday service
  
  - 1020* 1105 1305 1600* 1605 * to Brynamman only, leaves from Kingsway stop

**Buses from Neath Train Station**

- **Weekdays:** X64 to Cwmllynfell & Brynamman; no Sunday service
  
  - 1128 1328 1628
Neath is an old established town which dates back to Roman times; today it is a thriving market town with a lot of history and a truly wonderful hinterland, an excellent centre for all sorts of activities.

**Arriving at Neath by Train**

Most of Neath’s bus services leave from the Bus Station, 5 minutes easy walk from the Train Station. X63 & X64 buses leave from outside the Train Station. Taxis are readily available though most town attractions are within easy walking distance.

**Arriving at Neath by Bus or Coach**

Most incoming bus services come into the Bus Station. National Express Coaches and buses from Brecon, Brynamman and Ystradgynlais come into the Train Station stop.

**Getting to Attractions in and around Neath**

Bus information is for daytime services only approximately 0900-1800 hrs. For services at other times, phone 0871 200 22 33 or go to [www.travelinecymru.info](http://www.travelinecymru.info)

Neath Bus and Train Stations are centrally sited; walk times given are to nearest 5 minutes.

<table>
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<tr>
<th>Attraction</th>
<th>Walk/Access</th>
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<td>St Thomas’ Historic Church</td>
<td>5 minutes walk</td>
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<td></td>
<td>Nearby</td>
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<tr>
<td>Canal Boat Trips</td>
<td>Leave from outside B&amp;Q, 5 minutes</td>
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<tr>
<td></td>
<td>Nearby</td>
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<tr>
<td>Neath Market</td>
<td>5 minutes walk</td>
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<tr>
<td>Neath Castle</td>
<td>5 minutes walk</td>
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<tr>
<td>Gwyn Hall Arts &amp; Entertainment Centre</td>
<td>5 minutes walk</td>
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<tr>
<td>Victoria Gardens</td>
<td>adjacent to bus, 5 minutes from train</td>
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<tr>
<td>Gnoll Estate Country Park</td>
<td>5-10 minutes walk</td>
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<tr>
<td>Site of old Roman Fort (Nidum)</td>
<td>Neath Abbey Road 10 minutes</td>
</tr>
</tbody>
</table>

A number of attractions are close to Neath and reached by Bus.

**Neath Abbey Cistercian Monastery**
Buses from Neath Bus Station
Weekdays: 141, 158, 159, 204 to Neath Abbey village
5-6 per hour.
No Sunday service.

**Neath Canal Tonna Lock**
Buses from Neath Bus Station
Weekdays: X5 to Tonna Whittington Hotel,
every half hour;
No Sunday service.

**St Illtyd’s Historic Church, Llantwit**
Buses from Neath Bus Station
Weekdays: X5 to Llantwit Road, every half hour;
No Sunday service.

**St Catwg’s Historic Church, Cadoxton**
Buses from Neath Bus Station
Weekdays: 154 to Cadoxton Green Dragon, every hour;
No Sunday service.

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Bus information is for daytime services only approximately 0900-1800 hrs. For services at other times, phone 0871 200 22 33 or go to [www.travelinecymru.info](http://www.travelinecymru.info)
THE VALE OF NEATH AND DULAIS VALLEY

These two former coal mining valleys are transformed back largely to their original beauty and there are many fine walks and attractions to enjoy. All are easily reached by bus though the famous Pontneddfechan/Waterfall Country involves an initial 2km walk from the bus stop. There are no buses on Sundays though taxis are available at Neath Train Station.

Bus information is for daytime services from Swansea approximately 0900-1800 hrs. For services at other times, phone 0871 200 22 33 or go to www.travelinecymru.info

Aberdulais and Cefn Coed

Craig Gwladus Country Park
Aberdulais Tinworks & Waterfall
Aberdulais Canal Basin
Cefn Coed Colliery Museum (bus stop adjacent)

Buses from Swansea City Bus Station
\( \text{X63/X64} \) to Aberdulais Falls, every hour or \( \text{158} \) Swansea-Aberdulais Falls, every hour. No Sunday service

Aberdulais-Resolven:
BayTrans Country Walk 5

Buses from Neath Bus Station
154, 158 to Aberdulais Falls, \( \text{2 per hour. No Sunday service} \)

*D\( \text{x63/4} \) is operated by New Adventure Travel & 158 by First Cymru; tickets not inter-available

Crynant & Seven Sisters

Dulais Valley Heritage Trails
Crynant & Seven Sisters
The Gradon, Crynant

Buses from Swansea City Bus Station
\( \text{X63/X64} \) to Crynant, every hour or \( \text{158} \) to Crynant & Seven Sisters, every hour.
No Sunday service

Dulais Valley Quads & Archery
Bus stop Nantycafn
Seven Sisters

Buses from Neath Bus Station
158 to Crynant & Seven Sisters, every hour.
No Sunday service

*D\( \text{x63/4} \) is operated by New Adventure Travel & 158 by First Cymru; tickets not inter-available

Banwen and Coelbren

Henrhdyd Waterfall
3kms, 30 minutes walk from Banwen

Buses from Swansea City Bus Station & Neath Bus Station to Banwen
Weekdays: \( \text{158} \) to Banwen Terminus, every hour; No Sunday service

Sarn Helen Roman Road Banwen-Aberdulais Walk Banwen or Coelbren to Craig-y-Nos
Buses from Swansea City Bus Station & Neath Train Station to Coelbren
Weekdays: \( \text{X64} \) from Swansea 1105 & 1305; from Neath 1128 & 1328. Change buses in Ystradgynlais; No Sunday service

Vale of Neath: Waterfall Country

Melincourt Waterfall
Resolven-Maesgwyn Canal Walk
Farmers Arms, Resolven

Buses from Swansea City Bus Station
Weekdays: \( \text{X5} \) to Melincourt, Resolven, Glynneath & Pontwalby, every half hour
No Sunday service

Pontwalby-Scwd Gwladus:
BayTrans Country Walk 6
Angel Inn, Pontneddfechan

Buses from Neath Bus Station
Weekdays: \( \text{X5} \) to Melincourt, Resolven, Glynneath & Pontwalby, every half hour
No Sunday service

*\( \text{X63/4} \) is operated by New Adventure Travel & 158 by First Cymru; tickets not inter-available
PORT TALBOT

Port Talbot is a relatively modern industrial town with a long heritage of steelmaking. Its origins are the market town and present day seaside resort of Aberafan.

Arriving at Port Talbot by Train

All of Port Talbot’s bus services leave from the Bus Station, 5-10 minutes easy walk from the Train Station. Buses to Margam Park, Goytre, Maesteg and Aberafan Seafront also leave from outside the Train Station. Taxis are readily available though most town attractions are within easy walking distance.

Arriving at Port Talbot by Bus or Coach

All incoming National Express coach and bus services come into the Bus Station. Connections to all local bus services.

Getting to Attractions in and around Port Talbot

Bus information is for daytime services only approximately 0900-1800 hrs. For services at other times, phone 0871 200 22 33 or go to www.travelinecymru.info
Port Talbot Bus and Train Stations are centrally sited; walk times given are to nearest 5 mins.

Aberafan Seafront
Apollo Cinema
Buses from Port Talbot Bus & Train Stations
Weekdays: 8 to Aquadome, 3 per hour.
Sundays, every hour [from Bus Station only]
L&A Outdoor Centre, Goytre
Buses from Port Talbot Bus & Train Stations
Weekdays: X3 to Tanygroes St, every hour;
No Sunday service
Richard Burton Trails
Childhood Trail, Taibach
Buses from Port Talbot Bus & Train Stations
Weekdays: 8 to Taibach Library
3 per hour. No Sunday service.

Margam Country Park

Go Ape
Miniature Train Ride
Orienteering Trails
Geocaching Trails
Pony Trekking
Buses from Swansea City Bus Station
Weekdays: X1 to Margam Park Main Gates, every hour. No Sunday service.
Buses from Neath Bus Station
Weekdays: X1 to Margam Park Main Gates, every hour. No Sunday service.
From Swansea & Neath Sundays:
Train to Port Talbot Train Station, then by Taxi

Princess Royal Theatre
Aberafan Shopping Centre
Close to the Bus Station;
5-10 minutes walk from the Train Station

Goytre-Bryn Walk

Main Trail, Cwmafan-Pontrhydyfen
Afan Tafarn Cwmafan
Buses from Port Talbot Bus & Train Stations
Weekdays: X1 or 224 to Margam Park Main Gates, 3 per hour. No Sunday service
Coast Path Margam-Swansea
Bus access points to this trail:
X1 service, Margam Abbey; Port Talbot Bus Station; Briton Ferry Bridge
AFAN FOREST PARK: WALKING AND CYCLING PARADISE

Within minutes of leaving Port Talbot, you are transported into another world. Afan Forest Park is a stunningly beautiful area now world famous for its Mountain Biking. It is much more than this, however, as many of its trails follow former railway tracks and therefore easily graded for walkers and leisure cyclists. Other trails link the Afan Valley to Margam Park and across to the Vale of Neath.

Bus information is for daytime services from Swansea approximately 0900-1800 hrs. For services at other times, phone 0871 200 22 33 or go to www.travelinecymru.info

Pontrhydyfen

Richard Burton Trail:
* BayTrans Country Walk 7
* Pontrhydyfen Aqueduct
* Kanji Woodland

Pontrhydyfen-Cymmer Walk
* Rhyslyn Walk
* River & Railway Walk

Afan Forest Visitor Centre and Duffryn Rhondda

Afan Forest Park Visitor Centre
* South Wales Miner's Museum
Afan Forest Park Visitor Centre

Gyfylchi Ridgetop Trail
* Afan Woodland Walk
* Afan Lodge, Duffryn Rhondda

Cymmer and Blaengwynfi

Cymmer Swimming Pool
* Cymmer Refreshment Rooms

Cymmer-Afan Forest Centre-Rhyslyn Walk
* Cymmer-Blaengwynfi Walk
* Tunnel Hotel, Blaengwynfi

Buses from Swansea City Bus Station
Weekdays: X3 changing to 23 at Port Talbot for Pontrhydyfen, Afan Forest Visitor Centre, Duffryn Rhondda, Cymmer & Blaengwynfi, every hour; No Sunday service

Buses from Port Talbot Bus Station
Weekdays: 23 to Pontrhydyfen, Afan Forest Centre, Duffryn Rhondda, Cymmer & Blaengwynfi, every hour; No Sunday service

Buses from Neath Bus Station
Weekdays: 159 changing to 23 at Pontrhydyfen for Afan Forest Centre, Duffryn Rhondda, Cymmer & Blaengwynfi, every hour; No Sunday service

Glyncorrwg

Glyncorrwg Ponds Mountain Bike Centre
* Penraig Isaf Walk

Glyncorrwg Ridgeway Walk
* Drop Off Café

Buses from Swansea City Bus Station
Weekdays: X3 changing to 23 at Port Talbot and to 32/36 at Cymmer Interchange, every hour; No Sunday service

Buses from Port Talbot Bus Station
Weekdays: 23 changing to 32/36 at Cymmer Interchange, every hour; no Sunday service

Buses from Neath Bus Station
Weekdays: 159 changing to 23 at Pontrhydyfen and to 32/36 at Cymmer Interchange, every hour; No Sunday service.
EXPLORE FURTHER BY BUS AND TRAIN

Swansea and the Swansea Bay area is a great base for exploring the wider region. The train can take you to the magical Heart of Wales and West Wales whilst the bus can take you to the Brecon Beacons National Park and beyond.

Brecon Beacons National Park by Bus

With a weekdays direct fast bus service, much of the western part of the National Park is easily accessible for a day out. The National Showcaves of Wales are served directly by bus.

Craig-y-Nos Country Park
National Showcaves of Wales (Dan-yr-Ogof)
Brecon

Weekdays: Weekdays only ☑ X63 from Swansea City Bus Station & Neath Train Station
Mondays to Saturdays except BH Mondays
Swansea depart: 0905 1205 1405 1605 1750*
Neath depart: 0928 1228 1428 1628 1818
Two convenient late afternoon departures back from Brecon.

X63 continues to Crai, Sennybridge and Brecon; connecting at Brecon to service 39 to Hay on Wye
Powys Rover tickets are valid on X63 and all connecting services at Brecon.

The Heart of Wales by Train

The very attractive scenery and fascinating country towns of mid Wales are a excellent and easy day out where the train ride is part of the attraction.

Llandeilo
Llandovery
Llanwrtyd Wells

Trains from Port Talbot, Neath and Swansea
Mondays to Fridays except BH Mondays
Port Talbot depart: 0837c 1222c 1037c
Neath depart: 0845c 1230c 1045c
Swansea depart: 1000 1314 1108
Gowerton depart: 1011 1326 1113

Note: c-by connecting train

Llandrindod Wells
Knighton

National Botanic Garden of Wales

One of Wales’ top attractions is reached by train and bus via Carmarthen.

Weekdays only
Port Talbot depart: 0825
Neath depart: 0835
Swansea depart: 0903
Carmarthen depart: 1008

Return buses from NBGW at 1255 and 1830

Pembrokeshire by Train

Pembrokeshire’s principal towns are a convenient day out by train. Tenby’s famous beaches, Pembroke’s fine castle and Milford Haven’s maritime quarter are well worth a visit.

Tenby
Pembroke

Trains from Port Talbot, Neath and Swansea; Mondays to Fridays
Port Talbot depart: 0936 1122c
Neath depart: 0943 1130c
Swansea depart: 1000 1200
Gowerton depart: 1011 1210
Convenient return trains until late evening

Haverfordwest
Milford Haven

Port Talbot depart: 0825 1036
Neath depart: 0835 1043
Swansea depart: 0903 1100
Gowerton depart: 0914 1112

Note: c-by connecting train
SWANSEA BAY tickets

Unlimited travel within the Swansea Bay area.

For more information, routes, fares and timetables visit www.firstgroup.com

First Day Swansea Bay
£4.50
Child £3.10

Unlimited travel for a whole day.

First Day Swansea Bay
Family
£10.30

Unlimited travel for a whole day for up to 5 people.
(Max 2 adults, travelling together)

First Week Swansea Bay
£20
Child £13.50

Unlimited travel for 7 days.
Find out about your bus

General tips on using the bus
For bus times and information on fares, tickets and current travel offers

Information to help you get around the area
There are three excellent Tourist Information Centres whose staff will be pleased to help with your journey planning when visiting the Swansea Bay area.
Swansea TIC is situated adjacent to the City Bus Station; tel 01792 468321;
www.visitswanseabay.com

Mumbles TIC is situated in Oystermouth Square; tel 01792 361302;
e-mail: info@mumblesitic.co.uk

Aberdulais TIC is situated at the National Trust about 4 kms out of Neath centre; buses 154 or 158; tel 01639 636674; e-mail: aberdulaistic@nationaltrust.org

Your easy guide to getting to visitor attractions around Swansea Bay
Your one-stop shop www.baytrans.org.uk

Bus Company Contacts
First Cymru Buses Tel: 01792 572255  Web: www.firstgroup.com
South Wales Transport Tel: 01639 643311  Web: www.southwalestransport.com
New Adventure Travel Tel: 029 2061 6589  Web: www.natgroup.co.uk

This timetable and guide is compiled and produced by BayTrans, a partnership supported by City and County of Swansea, Neath Port Talbot County Borough, and First Group to encourage greater use of public transport by residents and visitors. Find out more about us and comprehensive information of travel around Swansea Bay. www.baytrans.org.uk
the public transport information service for Wales... 
y gwasanaeth gwybodaeth 
am drafnidiaeth gyhoeddus 
yng Nghymru...

- Plan your journey online
- Bus timetable search
- Bus times by text
- Call us on 0871 200 22 33*
- Cynlluniwch eich taith ar-lein
- Archwilio amserleni bysiau
- Amserau bysiau trwy neges destun
- Ffoniwch ni ar 0871 200 22 33*

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